

Sports Bulletin
Term One
Week Beginning 8th November 2021

	Before School 7:00am - 8:00am	Lunch Primary 12.30pm - 1.20pm Secondary 1.30pm - 2.10pm	After School 3:30pm - 5:00pm
Monday	Basketball: U20 Boys - Team photos followed by training	Badminton: Year 7/8 CCA	Strength & Conditioning: U16 Volleyball: U20 Girls
Tuesday	Volleyball: U20 Boys - Team photos followed by training		
Wednesday	Strength & Conditioning: U20 (Foreshore) Volleyball: U16 Boys - Team photos followed by training		Football: U14 Boys Football: U14 Girls Netball: U16 & U20 Girls
Thursday	Basketball: U20 Boys		
Friday	Strength & Conditioning: U16 (Foreshore) Volleyball: U20 Girls		Swimming: Secondary Whole Squad time trials Volleyball: U20 Boys

Important Notices

On Tuesday and Thursday afternoon there will be no Cobra Sports due to the Secondary 3-way Conferences and Year 6 Adventure week.

****NEW**** dedicated Strength and Conditioning sessions for Year 10, 11, 12 & 13 Cobra Sports athletes has been added to the schedule. See Mr Virrett's email for more information.